

WILLIAMSVILLE WELLNESS

Resource number: 68913203

A program of: Counseling Services Inpatient/Residential

Description

WILLIAMSVILLE WELLNESS
10515 Cabaniss Lane Hanover, VA 23069
877-559-Well (9355)
www.williamsvillewellness.com
Program Type: Residential, IOP

The Most Comprehensive Residential Center in the United States for Gambling Addiction Treatment. These two words in our license to treat speak to the quality of the care and expertise of the staff. Virginia recognizes that Gambling Addiction is a specific area of expertise offered at Williamsville Wellness, as opposed to other centers which are licensed to treat mental disorders, a very broad category.

Compulsive Gambling Treatment: 21-day Program

What you can expect:

-15+ individual sessions per week

-18+ hours of group sessions per week

-Includes family/partner sessions, on-site or by phone

-Focus on Gambling Addiction Treatment
804-599-4357

In the 21 day program we will focus on:

-An in-depth assessment of your gambling history, severity, triggers, and signs of relapse

-Screening for co-occurring mental health problems through psychological testing and psychiatric evaluation

-Addressing mental health problems through therapy techniques aimed at teaching: coping skills, communication skills, motivation for change, emotion regulation, impulse control, reducing procrastination, and anger management

-Providing education about the mental and physical effects of compulsive gambling and codependency

-Assistance handling financial and legal problems

-12-Steps of Gamblers Anonymous and SMART Recovery

-Emphasis on medical management issues

-Physical health through massage, exercise, yoga, and nutrition planning

-Helping you create an individualized recovery plan and aftercare appointments so that you may continue your success in recovery after discharge

Why Choose 21 Days?

-If you have co-occurring mental health (or other) issues and need adequate time to address them in treatment

-Designed for people with medical management issues

Resources from The Florida Council on Compulsive Gambling, Inc

-Work in-depth on family issues as part of the gambling addiction treatment

-Receive adequate time to solidify your recovery and aftercare plan prior to leaving

Our Gambling Rehab Program provides an in-depth focus on aspects of compulsive gambling and how to attain active recovery from gambling addiction. The program starts with sessions that focus on the root of the addiction, particularly its severity and potential triggers. We will also conduct mental health screening, psychological testing and provide a diagnosis before creating an individualized recovery plan for the client.

Main goal: problem assessment and future planning, with opportunities to learn and practice recovery management skills while addressing all areas of your individualized treatment plan.

Phone Numbers

Lisa Judd	804-559-4357 ext. 100 Intake Coordinator	Toll free	877-559-Well (9355) Intake Specialist Line
Business	804-559-4357 Insurance Questions		
Website	www.williamsvillewellness.com		
Email	info@williamsvillewellness.com		

Site Information

Location	10515 Cabaniss Lane Hanover, VA 23069	Mailing Address	10515 Cabaniss Lane Hanover, VA 23069
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Program Information

Eligibility	Adults: Eligible;
Languages Offered	English, English
Payment Options	
Fees	
Application Process	
Documents Required	
Normal Wait Time	
Capacity	
Volunteer Opportunities	No

Coverage Areas

United States - Nationwide